

Senior Club Championship 2024 - Road - Winter 3k Series (PBs in Green)

	R1 Cold , dry , still conditions 30-Jan	Race 2 Damp, cold, breezy 27-Feb	Race 3 Dry, cool still 17-Sep	Best Time	# Races	Final position(3 best runs)
Male 17 to 34						
James Nash	13:13	12:57	14:04	12:57	3	
Male 35 to 39						
Rob Foster	12:29	12:31		12:29	2	
Male 45 to 49						
Antony Waters	13:25			13:25	1	
Male 50 to 54						
Matthew Senior	-	15:12		15:12	1	
Steve Wright	14:25	14:35		14:25	2	
Male 55 to 59						
Shaun Kirk	12:40	12:40	12:20	12:20	3	
Vince Langdon	15:46	14:38	15:21	14:38	3	
Paul Williams	14:25			14:25	1	
Marc Walpot		14:04	12:34	12:34	2	
Male 60 to 64						
Guy Henderson	14:14	14:10	14:35	14:10	3	
Male 65 to 69						
Roger Webb	17:26	17:57	17:25	17:26	3	
Male 70 to 74						
Brian Marjoram	16:14			16:14	1	
Female 35 to 39						
Dani Waters	12:55	12:26	13:30	12:26	3	
Female 50 to 54						
Rachel Irish	16:06				1	
Female 60 to 64						
Kerry Bell	-	-	14:11	14:11	1	

Age categories are based on age as of the first 3k race of the season

Guest Runners						
Marshals						

Jean Grier-Jackson	Jean Grier-Jackson	Jean Grier-Jackson
Liz Lee	Dave and Liz Lee	Dave and Liz Lee
John Drennan	John Drennan	John Drennan
Marc Walpot	Alan Sloman	Alan and Lynda Sloman
Alan Sloman	Lynda Sloman	Steph and Bill Bartlett
Lynda Sloman	Steph Bartlett	