

Club vests must be worn at a Grand Prix event to be awarded GP Points	1	2	3	3	4	5	6	7	WC	8	WC	WC	12	WC5	Best 6 Total Points	# Races	Overall Total Points	GP Rank
	First Chance 10k	Oh My Obelisk	Looe 10 Mile	Bideford half	Plymouth Festival 10K	Ottery 10K	Burrator 10k	Balmy Bicton 10K	Haldon Forest Flyer	Totnes 10k	Dartmouth Regatta	Plymouth Autumn 5	Tavy 7	Complete a Marathon				
	07-Jan	14-Jan	25-Feb	10-Mar	28-Apr	12-May	01-Jun	07-Jul	27-Jul	04-Aug	31-Aug	20-Oct	27-Oct					
Male 17 to 34																		
Liam Ashford Lavery											47				47	1	47	15
Jamie Duffield														50	-	0	50	
James Nash	46	49		46	50	47		-	-	-	-	-	-	-	238	5	238	9
Male 35 to 39																		
Rob Foster			49	48				-	-	-	-				97	2	97	12
Ray Tedstone								49	50	49	50	50	50		298	6	298	2
George Holman		48	47			45	50	46	-	45	-	-	-	50	286	6	331	5
Male 40 to 44																		
Male 45 to 49																		
Neil Jordain	43	47	48			46	48	-	-	43	-	-	-	50	282	6	325	6
Antony Waters	45	50				48		47	48	48	-	-	47	-	288	7	333	4
Male 50 to 54																		
Steve Wright								-	-	44	-	-	-	-	44	1	44	16
Male 55 to 59																		
Jeremy Goddard	47							-	-	47	-	-	-	50	144	2	144	11
Shaun Kirk	48		50	49		49		48	49	46	-	-	48	50	295	8	437	3
Vince Langdon								-	47	-	49	49	46	-	191	4	191	10
Colin Peters	50			50		50		50	-	50	46	-	49	-	299	7	345	1
Paul Williams				47			49	-	-	-	-	-	-	-	96	2	96	13
Male 60 to 64																		
Guy Henderson	44							-	-	-	-	-	-	-	44	1	44	16
Male 65 to 69																		
Mark Holman		46				44	47	45	46	42	-	-	-	-	270	6	270	8
Roger Webb	42					43	46	-	45	41	48	48	45	-	275	8	358	7
Male 70 to 74																		
Female 17 to 34																		
Minnie Ashford Lavery	49							-	-	-	50	-	-	-	99	2	99	6
Female 35 to 39																		
Dani Waters	50	50		50		50		50	50	50	-	-	50	50	300	8	450	1
Female 40 to 44																		
Female 45 to 49																		
Steph Bartlett	43							-	-	-	-	-	-	-	43	1	43	10
Kate Foley								48	-	-	-	-	-	-	48	1	48	9
Female 50 to 54																		
Rachel Irish	47							45	-	-	-	-	-	-	92	2	92	8
Female 55 to 59																		
Tracy Eford							49			46				50	99	2	145	6
Cherry Powell	-	48		49				47	-	48	-	-	-	-	192	4	192	4
Female 60 to 64																		
Kerry Bell	48	49	50		50		50	49	-	49	-	-	49	-	297	8	394	2
Heather Coverdale	46	47						46	-	47	-	-	48	-	234	5	234	3
Alison Ford	45		49					48	-	-	-	-	47	-	189	4	189	5
Total Points	828	434	293	339	100	422	387	570	335	695	290	147	479	350				
Participants	18	9	6	7	2	9	8	12	7	15	6	3	10	7				