

SOUTH DEVON ATHLETIC CLUB - SENIOR GRAND PRIX 2024

Club vests must be worn at a Grand Prix event to be awarded GP Points	1	2	3	3	4	5	6	7	WC	8	WC	WC	12	WC 2	9	WC 4	WC5	Best 6 Total Points	# Races	Overall Total Points	GP Rank
	First Chance 10k	Oh My Obelisk	Looe 10 Mile	Bideford half	Plymouth Festival 10K	Ottery 10K	Burrator 10k	Balmy Bicton 10K	Haldon Forest Flyer	Totnes 10k	Dartmouth Regatta	Plymouth Autumn 5	Tavy 7	Sidmouth 10K	Drogo 10	Cockington Caper	Complete a Marathon				
	07-Jan	14-Jan	25-Feb	10-Mar	28-Apr	12-May	01-Jun	07-Jul	27-Jul	04-Aug	31-Aug	20-Oct	27-Oct	03-Nov	10-Nov	14-Dec					
Male 17 to 34																					
Liam Ashford Lavery											47							47	1	47	18
Jamie Duffield																	50	50	0	50	14
James Nash	46	49		46	50	47		-	-	-	-	-	-	-	46	47	-	285	7	331	7
Male 35 to 39																					
Rob Foster			49	48				-	-	-	-	-	-	-	-	-	-	97	2	97	13
Ray Tedstone								49	50	49	50	50	50	50	50	50		300	8	398	1
George Holman		48	47			45	50	46	-	45	-	-	-	-	49	-	50	290	7	380	4
Male 40 to 44																					
Male 45 to 49																					
Neil Jordain	43	47	48			46	48	-	-	43	-	-	-	-	48	48	50	289	8	421	5
Antony Waters	45	50				48		47	48	48	-	-	47	-	-	-	-	288	7	333	6
Male 50 to 54																					
Steve Wright								-	-	44	-	-	-	-	-	-	-	44	1	44	19
Male 55 to 59																					
Jeremy Goddard	47							-	-	47	-	-	-	-	47	-	50	191	3	191	10
Matthew Dalton																	50	50	0	50	14
Shaun Kirk	48		50	49		49		48	49	46	-	-	48	-	-	-	50	295	8	437	3
Marc Walpot																49		49	1	49	16
Vince Langdon								-	47	-	49	49	46	-	-	-	-	191	4	191	10
Colin Peters	50			50		50		50	-	50	46	-	49	-	42	50	-	300	9	437	1
Paul Williams				47			49	-	-	-	-	-	-	-	43	-	-	139	3	139	12
Male 60 to 64																					
Guy Henderson	44							-	-	-	-	-	-	-	-	-	-	44	1	44	19
Male 65 to 69																					
Mark Holman		46				44	47	45	46	42	-	-	-	-	45	-	-	273	7	315	9
Roger Webb	42					43	46	-	45	41	48	48	45	-	44	46	-	278	10	448	8
Male 70 to 74																					
Female 17 to 34																					
Minnie Ashford Lavery	49							-	-	-	50	-	-	-	48	-	-	147	3	147	6
Female 35 to 39																					
Dani Waters	50	50		50		50		50	50	50	-	-	50	-	-	-	50	300	8	450	1
Female 40 to 44																					
Female 45 to 49																					
Steph Bartlett	43							-	-	-	-	-	-	-	-	-	-	43	1	43	10
Kate Foley								48	-	-	-	-	-	-	-	-	-	48	1	48	9
Female 50 to 54																					
Rachel Irish	47							45	-	-	-	-	-	-	-	-	-	92	2	92	8
Female 55 to 59																					
Tracy Eiford							49			46							50	99	2	145	7
Cherry Powell	-	48		49				47	-	48	-	-	-	-	49	-	-	241	5	241	4
Female 60 to 64																					
Kerry Bell	48	49	50		50		50	49	-	49	-	-	49	-	50	-	-	298	9	444	2
Heather Coverdale	46	47						46	-	47	-	-	48	-	-	50	-	284	6	284	3
Alison Ford	45		49				48	-	-	-	-	-	47	-	-	49	-	238	5	238	5