

Senior Club Championship 2025 - Road - Winter 3k Series (PBs in Green)

	Race 1	Race 2 (Cold, still)	Race 3	Race 4	Best time	# of races
	04-Feb	04-Mar	16-Sep	21-Oct		
Male 17 to 34						
James Nash	14:55	14:37			14:37	2
Male 35 to 39						
Daniel Tagg	-	-	-	12:43	12:43	1
Male 40 to 49						
Rob Foster	12:52	12:52		12:21	12:21	3
Male 50 to 59						
James Spalding	15:27		13:34		13:34	2
Matthew Senior		15:19			15:19	1
Steve Wright	15:05	15:13	14:48		14:48	3
Vince Langdon		15:41	14:23		14:23	2
Marc Walpot		13:04	12:45	14:09	12:45	3
Male 60 to 64						
Guy Henderson			15:12		15:12	1
Shaun Kirk	13:46	13:02		13:12	13:02	3
Male 65 to 69						
Male 70 to 74						
Brian Marjoram	16:23	16:24		19:42	16:23	3
Roger Webb	16:30	16:42	16:56	16:49	16:30	4

Age categories are based on age as of the first 3k race of the season

Guest Runners						
Tom Pownall	11:45					
Marshals		Linda, Alan, Jean, Liz	Steph, Bill, Shaun, Dave and Liz	Steph, John, Jean, Liz, Dave		