

Senior Club Championship 2025 - Road - Winter 3k Series (PBs in Green)

	Race 1	Race 2 (Cold, still)	Race 3	Race 4	Race 5 (cold, still)	Best time	# of races	Final position(3 best runs)	3 best runs
	04-Feb	04-Mar	16-Sep	21-Oct	25-Nov				
Junior Male									
Roux Tucker	-	-	-	-	12:55	12:55	0		
Male 17 to 34									
James Nash	14:55	14:37				14:37	2		
Male 35 to 39									
Daniel Tagg	-	-	-	12:43		12:43	1		
Male 40 to 49									
Rob Foster	12:52	12:52		12:21		12:21	3	1	38:05
Male 50 to 59									
James Spalding	15:27		13:34		13:51	13:34	3	4	42:52
Matthew Senior		15:19				15:19	1		
Steve Wright	15:05	15:13	14:48		15:20	14:48	4	5	45:06
Vince Langdon		15:41	14:23			14:23	2		
Marc Walpot		13:04	12:45	14:09		12:45	3	3	39:58
Male 60 to 64									
Guy Henderson			15:12			15:12	1		
Shaun Kirk	13:46	13:02		13:12	13:14	13:02	4	2	39:28
Male 70 to 74									
Brian Marjoram	16:23	16:24		19:42		16:23	3	7	52:29
Roger Webb	16:30	16:42	16:56	16:49	16:26	16:26	5	6	49:38
Junior Female									
Georgia White	-	-	-	-	14:05	14:05	1		

Age categories are based on age as of the first 3k race of the season

Guest Runners									
Tom Pownall	11:45								
Marshals		Linda, Alan, Jean, Liz	Steph, Bill, Shaun, Dave and Liz	Steph, John, Jean, Liz, Dave	Steph, Marc, John,				